

OEAFCS

e-Enterprise

Message from OEAFCS President

It doesn't seem possible for my term in office to be ending in a few short weeks. I must say, it has been a great honor to serve. Mainly because I was able to witness the talents, leadership and dedication of OEAFCS members and officers. On top of doing incredible work in their local communities, your OEAFCS Officer team took on some tough tasks and great projects over the last two years. I know Kathy Enyart, your incoming OEAFCS President, will be able to build and expand on the groundwork laid.

I am continually amazed at the wisdom and commitment of our FEW (Faithful Extension Workers) and past board members. As new, or fairly new, members of OEAFCS, I encourage you to get involved. As you step forward to fill a job or take on a simple task, you will begin to meet some of the wonderful people who are truly vested in your success in Extension. As budgets get tighter and job responsibilities stretch your ties with OEAFCS, you will help find support and encouragement from your peers. I'm excited about our upcoming State Meeting on April 20-22 in Oklahoma City at the Embassy Suites, "Empowering Ourselves- Empowering Others". This theme says exactly what OEAFCS should provide for its members – care for the caregiver!

I encourage everyone to take advantage of the National Webinars. These are free, national-level trainings over a variety of topics. Most are short and easy to fit into a busy schedule. If you are making plans for the NEAFCS meeting September 12 -15, 2016, you will not be disappointed with what Montana has planned.

I want to thank all of the 2014-2016 board members and Radonna Sawatzky who stepped up as the 2015 Conference Chair. It was an honor to serve and work alongside each of you. It was also an honor to work on individual projects and special tasks with committee members. OEAFCS is definitely made up of some amazingly talented professionals. Thank you for the opportunity to witness that first hand and represent you as your State President. I am looking forward to taking on the role of supporter from behind the scenes!

Sincerely,
 Sonya McDaniel
 OEAFCS State President



Sonya McDaniel
OEAFCS President
Pottawatomie County
FCS/4H

In this Issue

President's Message	1
Dr. Atilas' Comments	2
Officer Reports	2-4
OEAFCS registration and forms	5-8

VIEW the OEAFCS video at the OEAFCS website:

oeafcs.okstate.edu

After opening up the home page click on the "Play Video". This will open you to the video of FCS educators in action, promoting Oklahoma FCS extension work!

A Message from Dr. Atilés



Dr. Jorge H. Atilés
Associate Dean,
Extension &
Engagement

OEAFCs members:

We are looking forward to the Spring conference in Oklahoma City. The program is great and stimulating. As we complete our annual report of impacts from FCS in 2015, I thank you for all of your hard work. We hope the results could be used for award entries in the future so your work can be recognized. Take advantage of all of what this organization has to offer: the support for its members, the camaraderie, and the mentoring to grow professionally.

Thank you for all that you do for Oklahoma!

Dr. Jorge H. Atilés, Associate Dean, Extension & Engagement
College of Human Sciences

OEAFCs Annual Conference



**Dana Baldwin, VP of
Professional Development**



It's time to start registering for the 2016 OEAFCs Annual Conference on April 20, 21, & 22 at the Embassy Suites, 1815 S. Meridian in Oklahoma City! On pages five through eight you will find information regarding the conference. I hope you are anxious to attend as the theme is **“Empowering Ourselves- Empowering Others.”**

Registration materials can also be found at oeafcs.okstate.edu under the annual conference tab. Registration will need to be mailed to the Dana Baldwin in Major County. Donations for awards and/or the 4-H advanced FCS scholarship will need to be mailed to Rachel Lockwood in Haskell County.

Please plan to come and enjoy the time networking with co-workers and friends.

Public Affairs



**Gale Mills,
VP for Public Affairs**



Being a member of the OEAFCs for the second time has been a very fulfilling job. This particular position has allowed me to interact with elected officials at the PILD conference to tell our story of how we as FCS extension professionals have made an impact on the lives of the individuals in each of our communities. To that end, this month has been Living Well (LW) Month! How many of you have promoted our profession this month? For the first person who sends me in their monthly activity log of LW month activities, a prize awaits you!

Last but not least I want to thank our hardworking committee for all the activities we have accomplished during my tenure. Don't forget to share our video thanks to Gina Peek.

Thanks also to member, Donna Robbins of Osage County, for helping to proof read many issues of this newsletter!

SE District Report—Danette Russell



Greetings from the Southeast District!

We are so proud of Janna Kelley and her Distinguished Educator Award that was presented to her at the recent Extension Conference in January. This is the most prestigious field staff honor that is given by OCES. Janna is a 28 year veteran of extension and serves as the Pontotoc County Director and FCS Educator. She is also very active in 4-H programming. Congratulations Janna!

We are also delighted to welcome a new CNEP Area Coordinator to our district. Linda Lowber began her duties on the last day of February. Her office is in the Pittsburg County Extension building. Linda is new to OCES and is now busy going to many orientation trainings and visiting the county offices and staff. Welcome Linda!

My term as SE OEAFCS District Director will end in April. I have enjoyed serving in this office. Our new director is Rachel Lockwood, Haskell County Extension Educator, FCS/4-H & Int. CED. Thanks to Rachel for taking on this office immediately after ending her term as State Treasurer.

I look forward to being with all of you at the upcoming OEAFCS State Meeting in OKC. See you then!

Reminder to all members to be promoting Living Well Month in all of your programming. You only have a few days left! Turn in the activities page to Gale Mills, VP of Public Affairs so she can share at OEAFCS!

Awards and Recognition



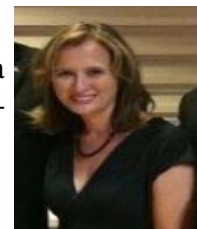
Submitted by
Donna Jung,
VP for Reports and Awards



I want to thank each person that took the time to fill out and submit an award application. We had 40 award applications this year; each one reflected the high quality programming that extension offers in Oklahoma. They were all excellent applications. 26 of them went to National for consideration. The state winners will be announced at the Awards Banquet on Friday, April 22 at the OEAFCS meeting.

I encourage each member to begin thinking about submitting an award application next year. Remember, evaluation is an important aspect for almost all of the awards. The awards judging sheets are available on the NEAFCS website.

The Northwest District has thirteen members at this time. There has been a lot going on, here are a few of the highlights! Lesa Rauh in Garfield County was recently awarded the Fitz Fellowship to attend the national Cambio De Colores cultural diversity conference hosted by Mizzou Extension. Over the holiday break she joined her husband and mother on a Western Caribbean cruise. Unfortunately, she was seasick for most of the trip.



Lesla Rauh and Lindsay Grace were both awarded CE-FCS Ambassador Grants for the Active Parenting curriculum. Cynthia Klumpp in Logan County was the received a \$1,000 Walmart Youth Voices and Youth Choices grants to educate youth about making healthy food choices and getting plenty of exercise. They have developed a core team of organizations within the Logan County Get Fit club, including the YMCA, Guthrie Library, Logan County Health Department, and OCES. She is really excited about the opportunity to work with them and hopes to make a great impact with the students.



SW District Report



- The OEAFCS- SW district has 19 members.
- As a result of Diana Romano's volunteer efforts in the Latinos and Hispanics group of the Academy of Nutrition and Dietetics, several colleagues nominated Diana to receive an award from the National Hispanic Medical Association. This award is given to Latinos or Hispanics that chair or preside over National Hispanic Associations in the Medical Field (Dentists, Dietitians, and Pharmacists). This award will be presented at a ceremony in Washington, DC during their annual conference on April 23-25, 2016. Congratulations Diana!

NE District Report



The NE District has 27 active members. FCS positions open are located in Mayes and Nowata counties. Tristan Dean, formerly of Muskogee County left extension for a job in Arkansas in February 2016.

At the OCES Biennial Conference, Brenda Miller was honored with the Distinguished Service award through Epsilon Sigma Phi. At the same conference, Gina Peek was part of a team of educators who were given the IPM Professional Achievement Award. Congratulations Brenda and Gina!

Dr. Atilas daughter Ana Teresa Atilas, a junior at Stillwater High School, and daughter of Jorge and Julia Atilas, was selected as the Distinguished Young Woman of Payne County for 2017. She also received several scholarships with this award. Ana Teresa will automatically be entered as a participant in the Distinguished Young Woman of Oklahoma contest for 2017 scheduled for this summer. If selected as the Distinguished Young Woman of Oklahoma for 2017 she will go on to compete for the 2017 National Finals in Mobile Alabama. We congratulate Dr. Atilas and his wife on their daughter's achievement!

Gale Mills received a 4-H enhancement grant to hold Food Showdown with Washington County 4-H youth this summer. She also received one of four Certified Healthy Grant Awards from campus as part of the Certified Healthy Department program. 38 departments applied for this award. Gale plans on purchasing standing desks for the Washington County staff.

It's time for a change in officers. At the NE/SE district meeting Trinity Brown was voted unanimously as the 2016-2018 NE District Director. Trinity is the FCS/4-H educator and CED in Pawnee County! Congratulations Trinity!

News from Past President—Susan Routh

Be looking for candidate bios for OEAFCS officers for the following positions: Vice-President Member Resources, Vice-President Public Affairs, and Secretary-Elect. Please take the time to review this information so you can come prepared to vote at the OEAFCS annual meeting.

Member Resources



Continue to utilize the website to access information about OEAFCS to include obtaining the FCS/4-H scholarship letter promotion. Quilt block projects were at the silent auction during District OHCE meetings.

Also visit the website to promote using the new (and awesome) OEAFCS video!



Oklahoma Extension Association of Family & Consumer Sciences

An affiliate of the National Extension Association of Family & Consumer Sciences

Sonya McDaniel
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Kathy Enyart
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Pam Varner
SW DIST.DIRECTOR

Carol Laverty
CHAPLAIN

Amanda Ford
HISTORIAN

Susan Routh
PARLIAMENTARY & PAST PRES.

Dr. Jorge Atiles
STATE ADVISOR

March 15, 2016

Dear OEAFCs Members,

I know you already have the 2016 OEAFCs Annual Conference on your calendars for April 20, 21, & 22 and I hope that you are just as anxious as I am about it!

The agenda for the conference is packed full and will provide opportunities to network with co-workers and friends. The theme this year is *EMPOWERING OURSELVES- EMPOWERING OTHERS*. We are going to be involved in activities that will empower us even more to be successful at our careers which will help us continue to empower the clientele that we work with.

The Conference will be held at the Embassy Suites Hotel, 1815 S. Meridian in Oklahoma City. This is the same place we have been for several years and they are ready and eager to host us again. The cost of the room is \$127 a night and you can have up to 4 people in your room. **Room reservations need to be made by April 6th, 2016. Reference that you are with OEAFCs; their phone number is 405-682-6000.**

Please note that on Wednesday, April 20th, our FCS in-service will not begin until 1p.m. at the Embassy Suites Hotel. Some committee members have organized an activity for that morning—a tour of the Asian food market, Super Cao Nguyen, at 2668 N. Military Ave. in OKC (just off the intersection of 23rd & Classen Blvd.). If you plan to attend, please indicate so on your registration form. The tour will be from 9:30-11 a.m. This will leave you time to eat lunch before we begin the in-service. There are some great restaurants in the Asian district as well. I hope you will consider taking part in the tour as it is a great cultural experience.

On Thursday, April 21st we will start with greetings at 8:15 a.m. and have our association business meeting followed by a few presentations before lunch. After lunch, we will have a speaker on the topic of “Bridges Out of Poverty” and then take a break before we have a late afternoon/early evening event and meal where we will practice our creative skills with an activity at Kamp’s 1910 Café in Midtown Oklahoma City. We will finish there around 6:30 p.m.

Friday, April 22nd will be our time with OCES administration followed by a presentation from the Mexico exchange group. We will conclude our conference with our awards luncheon at 11:30 a.m.

Please note on the registration form that there is a postmark date of April 1st. Also, once you arrive at the hotel, you will have the opportunity to get your registration packet (receipt, program, etc.) on Wednesday evening from 5:15-6 p.m. or Thursday morning starting at 7:45 a.m.

In addition, check out the details for the Fashion Accessory Exchange that will take place again!

I look forward seeing you all at this conference.

Sincerely,

Dana Baldwin
VP- Professional Development

“NEAFCS shows respect and understanding toward all people and honors diversity.”

OEAFCs Annual Conference Registration
 April 20-22, 2016
 Embassy Suites, Oklahoma City, OK
Registration Postmark Deadline, April 1st, 2016

Name:		County:	
Title:			
Address:			
Phone:	Email:		

Will you be attending the Wednesday morning tour of the Asian supermarket?
circle YES or NO

Will you be attending the Thursday late afternoon/early evening event at Kamp's 1910 Cafe?
circle YES or NO

Registration as easy as 1..2..3	1. Record the amount you are paying in the right column. 2. Enclose a check with your amount, made payable to: "Major County OSU Extension" with OEAFCs in the memo line 3. Mail to Dana Baldwin , Major County OSU Extension Office 500 E. Broadway, Courthouse Suite 3 Fairview, Oklahoma 73737
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Regular Membership	(choose one)			
	Full-time conference registration (includes Thursday late afternoon/early evening event)	\$100.00	\$	
	Thursday only (all day, includes lunch and late afternoon/early evening event)	\$80.00	\$	
	Friday only (includes lunch)	\$60.00	\$	
Guest Registration/Students	(choose one)			
	Guest full-time registration	\$75.00	\$	
	Thursday morning only/ business meeting and lunch	\$20.00	\$	
FEW Registration	(Faithful Extension Workers, retired)			
	Full-time conference registration	\$75.00	\$	
	Friday morning –no lunch	\$00.00	\$	
	Friday morning and lunch	\$20.00	\$	_____

TOTAL \$ _____

If you are donating to the OEAFCS Awards Program and/or to the 4-H Advanced FCS Scholarship Fund, please mail with a separate check to Rachel Lockwood, OEAFCS Treasurer.

Donations are Easy, Too – Just Different!

(no limit on amounts)

Record the amount you are paying in the right column.

Write a check for your **Donation** amount, make payable to Oklahoma 4-H Foundation and put **OEAFCS** on the memo line, indicating awards, scholarship or both. These donations are tax deductible.

3. **Mail to Rachel Lockwood, Haskell County OSU Extension Office, 105 SE 3rd Street, Suite A, Stigler, OK 74462-2439**

OEAFCS Awards Program	\$ _____
4-H Advanced FCS Scholarship Donation	\$ _____
TOTAL DONATIONS	\$ _____

Name: _____

PLEASE PAY CLOSE ATTENTION TO PAYABLES & MAILING INSTRUCTIONS!!!

_____ POSTMARK BY APRIL 1 _____



Oklahoma Extension Association of Family & Consumer Sciences

The Oklahoma Extension Association of Family & Consumer Sciences is an affiliate
of the National Extension Association of Family & Consumer Sciences

The Fashion Accessory Exchange continues!!!

FASHION ACCESSORY EXCHANGE



APRIL 20-22, 2016



OEAFCs Annual Conference

Embassy Suites Hotel, Oklahoma City

Money raised will be used to provide travel dollars for OEAFCs officers to attend leadership conferences.

Start Now! Gather your accessories for a fashion accessory exchange! For every three new or gently used accessories you bring to donate, you will receive a ticket to select one item from the accessory table. You may redeem your ticket for an item at any time during the conference as items will be added as attendees continue to arrive. All items on the display table will be for sale to everyone during the conference at a set price.

There should be some fabulous bargains—so bring your donations and some money for your bargain-priced purchases!