

OEAFCs

e-Enterprise

Message from OEAFCs President

Happy Summer! As wheat harvest comes to an end in our part of the world, it is so nice to see green grass and so much rain! Schedules are busy; summer camps and events are keeping most of us very occupied.

JCEP and PILD Conferences: The 2012 Joint Council of Extension Professionals (JCEP) meeting in San Antonio and JCEP’s Public Issues Leadership Development (PILD) Conference in Alexandria, Virginia were very good conferences this year. Dr. Carolyn Crocoll, Director, Division of Family and Consumer Sciences (FCS) of the National Institute of Food and Agriculture, spoke at the National Extension Association

of Family and Consumer Sciences (NEAFCS) meetings during each conference. Dr. Crocoll provided an update about the Family and Consumer Science “Branding Initiative.” FCS professional organizations have partnered to introduce this new design and to encourage FCS professionals to utilize this logo design to help the public recognize FCS programs. For more information about the use of the logo, please see the OCES website: <http://www.toolbox.okstate.edu/fcs-icon-usage-1>. The logo can be included in email signature lines, utilized on stationary and Power Point presentations, and placed on the reverse side of business cards. I encourage OEAFCs members to download the logo and utilize it with programs.

address so that they could access the Speech as an example. You can access this “Speech” on the front page of the OEAFCs website (www.oefcs.okstate.edu).

The 2012 Impact Statements are now listed on the NEAFCS website (<http://www.neafcs.org/content.asp?pageID=425>). Oklahoma FCS programs were mentioned several times throughout these reports. Congratulations to Ginny McCarthick and the Impact Team leaders who contributed to these reports. Oklahoma FCS programs were mentioned several times during the National meetings when reviewing these reports.

During the PILD conference, the Oklahoma delegation which included Cindy Connor, (OEA4-HA); Mike Weber, (OEAAA); Tracy Lane, (ESP), and me as a representative of OEAFCs had the honor of meeting with staff in each of the Oklahoma Congressmen’s offices on Capitol Hill. The message about OCES and its programs designed to impact Oklahoma residents was well received. FCS Impact Team information was delivered and shared with these staff members. Thanks to Dr. Atilas and the staff in the College of Human Sciences, the FCS Impact Team



Susan Routh
OEAFCs President

program results were presented in a very concise and appealing information sheet. During the meetings with staff members, it was very easy to pull this reference as we discussed program outcomes and successes.

NEAFCS Annual Session: The Annual Session of NEAFCS in Columbus, O-HI-O, is right around the corner. Early bird registration is open and will be closing on July 21st. Before registering for the conference, a room reservation should be secured. Also, please review the Pre-conference workshops and the In-depth session choices before beginning the registration process. If these decisions are made prior to beginning registration, the registration process is easier.

In this Issue

| | |
|----------------------|-----|
| President’s Message | 1 |
| Dr. Atilas’ Comments | 2 |
| Retirement Donation | 3 |
| By-Law Updates | 3 |
| Dates and Resources | 4 |
| District News | 5-6 |
| OEAFCs Officers | 7 |
| Inspiration | 8 |

I had the pleasure of sharing the OEAFCs “Elevator Speech” during the NEAFCS meeting at the PILD conference. Debby Mathews, NEAFCS Vice President for Public Affairs, encouraged all state affiliates to develop an “Elevator Speech.” Congratulations to Karen Armbruster who developed the Oklahoma “Elevator Speech.” Several affiliate representatives asked for the OEAFCs web

Presidents message continued

At the OEAFCs Executive Board Post-Conference meeting, the officers decided to reserve a full “State” table at the Ohio Market Place which will be held on Thursday, September 27th from 8:00 a.m. – 4:00 p.m. We will be selling jewelry and the NEAFCS Brooches as a fundraiser for OEAFCs. Those members attending the National Meeting will be asked to serve at this table to help with the fundraiser. More information will be shared with those attending the NEAFCS meeting soon.

For those attending NEAFCS, please consider donating a Silent Auction item. It is recommended to donate a small item that is easy to pack. Proceeds from the Silent Auction will be used to support the National Awards Program.

Closing thoughts and Thanks: A financial audit was recently conducted of the OEAFCs finances by a committee composed of Karen Armbruster, Cindy Clampet, and Ginny McCarthick. Brenda Medlock is to be commended for her efforts as Treasurer these past two years. Thanks to these members who helped with this task.

Charlotte Richert and the OEAFCs Professional Development committee are commended for an outstanding annual meeting in April. Ann Hargis, OSU’s First Cowgirl, was an honored guest during the meeting. The partnership between OSU, the Seretean Wellness Center, and OEAFCs members continues to grow since this presentation. Jean Bailey and the Awards Committee did an outstanding job at the Awards Luncheon. Thanks to this committee for securing donations to support the Awards Program.

Thank you also to those OEAFCs and FEW members who financially supported the Awards Program. Now is the time to begin preparing for next year’s OEAFCs award applications. In what areas could you plan to develop an awards application?

This edition of the Enterprise contains By-Law changes that were introduced in April during the Annual business meeting. Please take a moment to review these changes. Plans are to vote on these changes next January during the OEAFCs business meeting which will be held in conjunction with the state FCS/4-H meeting.

Have a great summer!
Susan Routh

Comments from Dr. Atilas



Dear OEAFCs Members:

First of all, congratulations on a very special and extremely educational annual OEAFCs session in Oklahoma City this year. I was inspired by the program and speakers and can tell you that we definitely made a new friend in Mrs. Ann Hargis, our first cowgirl and Mary Tally from the Seretean Wellness Center. Mrs. Hargis has since tweeted about us in FCS and remains committed to having County Educators feel more part of the OSU main campus. I look forward to seeing many of you at the NEAFCS annual meeting in Ohio and to witness Oklahoma being recognized once again for a job well done. Continue to be involved in this very valuable professional organization. I have enjoyed working with Ginny McCarthick and look forward to working with Susan Routh as new OEAFCs president and all board members.

Dr. Jorge H. Atilas,
Associate Dean, Extension & Engagement
Oklahoma Cooperative Extension Service
College of Human Sciences

OEAFCs Donates to Scholarship Fund

A scholarship in honor of Dr. Robert Whitson's retirement has been established and is currently being funded. OEAFCs members generously donated \$600 to the

"Dr. Robert and Linda Whitson Scholarship".

The scholarship fund has been set up through the OSU Foundation and is to benefit a CASNR student.



Proposed By-Law Changes

Member in Transition.

Individuals who have been employed in any capacity with Family and Consumer Sciences programming, who have a minimum of a bachelor's degree, and who have been a member of OEAFCs, but has currently been furloughed, placed on temporary work assignment, or is on a leave of absence may maintain membership in the State Affiliate and the National Extension Association of Family and Consumer Sciences. A member could stay in this membership category for a maximum of five years and then pay dues to become a Life Member.

A. Members in Transition

1. They may receive awards, fellowships, and grants as a team member with Active Members, but not as an individual.
 2. They may serve on sub-committees.
 3. They may receive the conference registration information. They would pay registration fees at the same rate as Active Members.
 4. They shall receive all publications upon payment of dues.
- They shall not be eligible for elected office, serve as sub-committee chairs, or serve as voting delegates.

Student Member.

A full time undergraduate or graduate student enrolled in a university, college, or other educational setting, studying Family and Consumer Sciences or related field with an interest in Extension Education as a future career, and who is not currently employed as an Extension Educator in Oklahoma. Student members may seek membership in OEAFCs by paying the designated dues amount to the state treasurer of OEAFCs and by paying one half national dues. Membership may be obtained by submitting a student status statement verifying their full time student status.

Student member shall be granted the following rights and privileges:

1. They may receive awards, fellowships, and grants as a team member with Active Members, but not as an individual.
2. They may serve on subcommittees.
3. They may receive the conference registration information. They shall pay registration fees at the same rate as Active Members.
4. They shall receive all publications upon payments of dues.
5. They shall not be eligible for elected office, serve as sub-committee chairs, or serve as voting delegates.

Put these dates on your calendar:

| | | |
|-----------------------------------|---|----------------|
| 2012 NEAFCS Annual Session | September 24-28, 2012 (Early Bird Registration ends July 21) | Columbus, OH |
| Galaxy IV | September 16-20, 2013 | Pittsburgh, PA |
| 2014 NEAFCS Annual Session | September 14-19, 2014 | Lexington, KY |

OEAFCS Committee Selection: Recently, an email was forwarded to active OEAFCS members about OEAFCS committees. OEAFCS members are invited to review committee responsibilities at the OEAFCS website under the "Committee" tab. If you have not selected a committee in which to serve, please do so as soon as possible.

NEAFCS Webinars: Have you participated in a NEAFCS Webinar? Several webinars have been offered; archived recordings can be downloaded at the NEAFCS website. These webinars are offered as a benefit to NEAFCS members. It is recommended when logging into a webinar to log in using your name and state. This information allows the Executive Board to see which states are participating in the webinars.

NEAFCS Facebook and Linked In: Yes, NEAFCS has hit the social media scene! NEAFCS now has a Facebook page and is "Linked In;" you can stay connected to NEAFCS members and activities through these two pages.

CIP Grants: Did you apply for a CIP grant? What is CIP? The *Living Well Creative Ideas Grant Program* was initiated by the National Executive Committee in conjunction with the *Living Well-More Than A Cookbook* program committee. This program was developed to allow NEAFCS members to apply for cases of the *Living Well* Book to use in programs at a reduced cost. NEAFCS members may apply for cases of the *Living Well* Resource Book for \$20 per case (or \$2 per book). The grant application and more information about the grant program can be accessed at <http://www.neafcs.org/assets/Living-Well-Book/NEAFCSCreativeGrant.pdf>.



News from SE District



Legislative Staff Field Day a Great Success

May 30th was a “big day” for the southeast district as Pontotoc, Murray and Johnston counties joined forces to pilot the first “Legislative Staff Field Day”.

Many may remember the presentation during the January conference that explained the goals and objectives of educating senatorial and congressional field staff regarding the OSU Extension Service and our work. During this presentation all districts were challenged to conduct a field day and the pilot effort was being organized to experiment and see how things would go for such an event.

Amber Savage and Jessica Willis, congressional field staff, look on as the Pittsburg County food showdown team prepares their SE District contest entry.

Those attending were Jessica Willis (Tom Cole’s Lawton office) Amber Savage (Tom Cole’s Ada office) Emily Shipley (Tom Coburn’s Oklahoma City office) Paige Scott (Tom Coburn’s Oklahoma City office) and Joe Hill (Dan Boren’s Durant office).

Extension professionals assisting with the day were Debbie Sharp, Keegan Varner, Ginny McCarthick, Carl Oblander, Janna Kelly and Sue Hamilton. District staff assisting were Claude Bess and Lani Vasconcellos. Also assisting was Dr. James Trapp, Associate Director and Dr. Mike Woods, interim Dean and Director. Al Sutherland represented Extension on behalf of the MESONET project. The day showcased all four program areas as well as the Community Nutrition Education Program.

This effort was a partnership of the extension associations and is based on each association’s past participation in the Public Issues Leadership Development program held annually. Based on input from the participants the day was a HUGE success and our future will reveal if this was a good investment of time and effort.

Submitted by Debbie Sharp

News from NW District



Greetings from the Northwest District. Nationally certified Arthritis Foundation Exercise Program instructors from the NW District include Karen Armbruster, Marlene Buck, Rhonda DeVor, Robyn Rapp, Val Evans, Lindsay Grace, and Arleen James, . These join currently nationally certified instructors: Jean Bailey, Liz Gardner-McBee, and Lynda Latta.

Wilderness Camping was experienced June 4-7 as a group of educators, volunteer leaders and 4-H Youth from Harper, Beaver, and Woodward counties roughed it at Coyote Creek State Park in New Mexico. (Roughing it included tents, no running water, or flush toilets.) NW District members, Carol Laverty and Liz Gardner-McBee, were two of the sponsors.

Submitted by Liz Gardner-McBee

News from SW District



We are pleased to extend a welcome to Carol Hart who recently joined the Extension staff in Tillman County. Carol came to us from a FACS Education background and we are happy to have her on board. She doesn't have a formal email at this time, so if you have time drop her a note or give her a call of encouragement.

Congratulations to Lisa Taylor who made it to the OSU Headlines.....Lisa represented all our educators who are trained in arthritis education and exercise. Thanks for all your efforts Lisa and to all the SW educators trained in this valuable program. Most recently Julie Staiger, Pam Varner, and Anne King were certified Arthritis Trainers.

Southwest Educators in the process of completing the Active Parenting training are Lynn Null, Anne King, Susan Routh, Donna Jung and Lisa Hamblin.

The School Meal Pattern Training in partnership with Oklahoma Department of Education has been successfully completed. Nine Southwest Educators who participated in the SMP Training are Brenda Gandy, Donna Jung, Carrie Kyle, Anne King, Ranel Lasley, Brenda Medlock, Radonna Sawatzky, Mickey Simpson, Kristi Spalding.

Submitted by Brenda S. Gandy

News from NE District



The OEAFCS Conference was held on April 12 & 13 in Oklahoma City at the Embassy Suites with 105 members and guests attending. The inspirational message "Walk the Talk" shaped the program as we were reminded that although the world is filled with good intentions, what really matters are the actions we take. Response from attendees included accolades for the Keynote Speaker, Gwendolyn Downing from the Oklahoma Department of Mental Health and Substance Abuse. Her message focused on childhood experiences and how those experiences effect each and every one every day. As the powerful message about the power of one individual evolved, we were reminded about how one positive influential adult can make lasting positive differences in the lives of children.

Our Cap note speaker, Ann Hargis, teamed up with Mary Talley from the Seratean Wellness Center. The possibilities of programming together for even greater impact across the state is exciting as we all work to improve our own health and wellness and those that we educate.

The Grace Spivey Professional Development Funds provided resources for each educator and guest to receive the book, Walk the Talk, by Eric Harvey and Steve Ventura.

Recently Tulsa County Oklahoma Home and Community Education was recognized by Volunteer Tulsa at the "License to Change" Community Wide Volunteer Recognition Event as a 2012 Change Agent Award recipient in the Family/Community Group category. Volunteer Tulsa pays tribute to residents who give their time, talent and energies to help others, to solve local problems and to strengthen our communities. These "Change Agents" exemplify the true potential of volunteers to make a difference. Tulsa County OHCE was recognized for their long-term support of the Tulsa County Family Emergency Shelter. The award winners were selected by an independent panel of judges including Tulsa's First Lady Victoria Bartlett. Mayor Dewey Bartlett was on hand at the event to present the award.

Submitted by Jessica Rigglin

New Officers

Passing the Mantle of Office



Outgoing president, Ginny McCarthick hands the gavel to the new president, Susan Routh. The membership would like to say thank you to Ginny for a job well-done and to lend our support to Susan as she assumes her new leadership role.

OEAFCs Officers 2012-2013



President: **Susan Routh**
VP of Public Affairs: **Ranel Lasley**
VP of Awards/Recognition: **Jean Bailey**
VP of Professional Dev.: **Charlotte Richert**
VP of Member Resources: **Kristy Spalding**
Secretary: **Jan Maples**
Secretary Elect: **Joy Rhodes**
Treasurer: **Brenda Miller**
NW District Director: **Liz Gardner-McBee**
NE District Director: **Jessica Riffin**
SW District Director: **Brenda Gandy**
SE District Director: **Sue Hamilton**
Chaplain: **Radonna Sawatzky**
Historian: **Sonya McDaniel**
Past President: **Ginny McCarthick**
Advisor: **Dr. Atiles**

Sewing Thread of Value

Patience

A good quilter does not make hasty judgments. She thoughtfully sorts through her scraps with a patience born from experience. She redeems what would be trash by seeing her scraps not as they are, but as they can be. As we learn the value of patience, we begin to see ourselves and others through the kind eyes of the quilter.

Faithfulness

A quilt is just a pile of scraps until the quilter commits herself to the job of sewing the patches together. She must remain faithful to the task and even though sometimes progress is painstaking slow. Faithfulness is the value that motivates us to keep our commitments to ourselves and others, even when it is difficult at times.

Service

Quilters know the value of service. Working together at a good old fashioned quilting bee, a team of quilters accomplish in a matter of days what it would have taken one lone quilter many months to finish. They freely give their time in selfless service to one another to gain the blessed reward of friendship.

The values we can learn from a quilter have graced many homes. Sew the threads of these time honored values in the lives of your children and those around you. Make it a point to provide them with opportunities to add patience, faithfulness, and service to their character.

We could all use more patience, faithfulness and could also do more service. I challenge you to look at your own character and work to strengthen these values in your own life. Taken from [Giving Love a Memory](#) by Ruthann Winans and Linda Lee.

Submitted by Radonna Sawatzky, OEAFCs Chaplain