

OEAFCS

e-Enterprise

Message from OEAFCS President

Twenty-two OEAFCS members and guests **journeyed** to Pittsburgh, Pennsylvania, in September to represent Oklahoma at GALAXY IV. Many of those members were recognized for their outstanding FCS programs during the Southern Region meeting and NEAFCS Banquet. **CONGRATULATIONS** to these members!

Along with the awards that OEAFCS members received during GALAXY IV, several OEAFCS members stepped up to assume national leadership roles. During the Southern Region meeting, Brenda Miller was elected as a member of the NEAFCS national nominating committee. Brenda was also selected as a future chair (referred to as "apprentice") of the national Ceremony subcommittee of the Awards and Recognition Committee.



Congratulations to Brenda for being selected for these leadership positions! Brenda Hill, Donna Jung, Penny King, and Melody Ennis all served in leadership roles to help the Southern Region meeting run smoothly. We have many capable members who are always willing to volunteer. Thank you to each of these members for serving.

Each year, state affiliates contribute to impact reports which are compiled by the NEAFCS Public Affairs Committee. The information is typically used when contacting Congressional members during the Joint Council of Extension Professional's PILD meeting in April each year.

The 2013 NEAFCS Impact Statements are now online for your review at the NEAFCS website www.neafcs.org. Kimberly Williams worked diligently to collect information from Oklahoma's FCS Extension state specialists and organize this information to forward to NEAFCS early this year.

In turn, I am pleased to report that SEVERAL Oklahoma FCS programs are highlighted in the 2013 NEAFCS Impact Statements. Kimberly, thank you for helping with the submission of this information.

Dr. Jorge Atilas was very supportive of this project. Thank you, both, for your commitment and support.

Brenda Miller, OEAFCS Treasurer, has led an ad hoc committee to review OEAFCS finances and to develop a strategy that would be feasible for the transfer of the OEAFCS Treasury to the State 4-H Foundation and the 501(c)3 umbrella of the Foundation. We are indebted to Brenda and the committee members for diligently reviewing information and making these decisions for the future of OEAFCS. This move will secure these funds under a 501(c)3 organization along with increasing the interest earned on these assets.

The next OEAFCS Business meeting is scheduled for Wednesday, January 22nd from 9:00 a.m. – 11:00 a.m. which will be prior to the beginning of the 2014 OCES Conference in Stillwater. Please be watching for more details about this meeting.

May you and your family be blessed during the upcoming holiday season. I look forward to continuing the Journey with you as we enter 2014 and the Celebration of the Centennial year of Oklahoma Cooperative Extension Service.

Susan Routh
OEAFCS President



Susan Routh
OEAFCS President
Grady County
FCS/4H/CED

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A Message from Dr. Atilés



Dr. Jorge H. Atilés
Associate Dean,
Extension & Engagement
OSU College of Human
Sciences

Dear OEAFCs members:

We continue to be very excited with the recognition and visibility of the Oklahoma FCS educators at the national meeting and in the NEAFCS impact statements. I believe we will even have more to brag about as you enter your impacts on PARS+ and we can collect those and share further with the Extension community locally and across the nation.

We have made great progress since we started the issue teams in 2011. I continue to envision a strong FCS program in Oklahoma which can demonstrate to our stakeholders, funders and clients the difference we make for families, youth and communities. I am particularly excited for the continued involvement of Human Sciences and CASNR faculty in joining issue teams and contributing with new resources for in-services, fact sheets, curricula, etc.

I am thankful for the many years that Charles Cox dedicated to both 4-H and FCS during his tenure at OSU. He was instrumental in the FCS/4-H joint efforts for issue teams and has been an avid advocate for the youth of Oklahoma. Please make sure you thank him for his work.

Please join me in welcoming Jim Rutledge as interim 4-H OCES program leader. I have no doubt that he will do a great job and will be a supportive partner for us in FCS. Keep up the good work and as always thank you for all that you do.

Jorge H. Atilés, Ph.D.
Associate Dean Extension & Engagement

President-Elect Vision



Submitted by Sonya McDaniel,
President-Elect

As your incoming President this April, I am looking forward to seeing everyone at the State Meeting. As my term begins we will be seeking candidates for several Officer positions. Please take a few minutes to look into the responsibilities of these positions and let Ginny McCarthick, our Past President know if you or someone you know would be interested. Elected positions are Vice President for Member Resources, Vice President for Public Affairs and Secretary-Elect. I will also be appointing a Historian and a Chaplain.

As a member of OEAFCs each person serves on a committee. Please take a moment to visit the website to review what each committee focuses on each year. Being an active committee member is one of the most rewarding (and easiest) ways you can be involved with OEAFCs. Every member is important to our organization, has special talents and there is no job too big or too small if everyone lends their support. If you wish to change your committee assignment or find that you are not on a committee, please feel free to contact me at 580-223-6570.

Save the Date



Submitted by Tracey M. Watts
VP for Professional Development

Come to the 2014 OEAFCs Conference April 23– 25, 2014

Be part of a celebration of Extension's 100th Year in Oklahoma.
Put April 23-25th on your must-attend list for 2014.



Our History



Submitted by Janice Cranor
Historian

I have been receiving photos from the NEAFCS Conference and it is amazing how many of our members were recognized at the National level. Congratulations to all!! Most of the pictures I have received have been sent electronically. Please make sure you identify the participants for me if you can.

In the future if you send me paper photographs for the scrapbook, please include place, function, and full names of individuals on the back of each piece. Using labels for this information prevents bleed-through and/or pen pressure damage.

I appreciate everyone who sent pictures my way. Also if any members have items of historical significance for our association they can be archived at Edmond Low Library on the OSU Campus. Please give them to me at Extension Conference in January.

Leadership Opportunities



Submitted by Ginny McCarthick,
Past President & Parliamentarian

Be part of the Leadership Team for OEAFCs in 2014.

It will soon be time to nominate officers for the upcoming year. At our business meeting in January, I will be asking for nominations for the offices of Vice President for Member Resources, Vice President for Public Affairs and Secretary-elect. I would like to ask you to start thinking about possible members to nominate for each of these offices. If you would like to nominate yourself, either send me an e-mail or fill out the nomination form with your own name. Our organization needs new leaders and everyone has something to offer.

Awards



Submitted by Liz Gardner-McBee,
Vice President for
Awards and Recognition

Oklahoma's Award submission deadline is January 15, 2014. I'd like to encourage everyone to apply for an award; the **Centennial Year of Extension** would be a great time to be recognized!

All National awards must be selected through our state awards system but they must be applied for using the National website by our state deadline of Jan 15th. One easy way to find out about all the awards is to use the **Awards Manual**. Log-on to the NEAFCS site—to the Awards tab—to the Awards Documents section. This site also has several links for tips to make award winning applications.

The NEAFCS Awards system may not be open until November 15th. Luckily on **Thursday, November 14, 2013 there will be a Members-only Webinar: Celebrating Excellence - Prepare Award Winning Applications @ 1pm Central**. "Have you wanted to apply for an award and didn't know how? Join us to learn how you can begin this process. The webinar will discuss the "what, when and why" of the downloadable documents available on neafcs.org. Also discussed will be tips, guidelines and suggestions about successful applications gleaned over the years."

Public Affairs



Submitted by Ranel Lasley,
Vice President for Public Affairs

Oklahoma was well represented in the **NEAFCS Impact Statements**. We have so many programs that are worthy of the respect and recognition of our colleagues across the nation. As we continue our work into the future, it is imperative that the Extension story be heard. Clearly there is great value in Family and Consumer Science programming. Oklahoma was highlighted in four of the impact statements shared at the Galaxy Conference. The areas recognized were: **Healthy Homes; Financial Management; Protecting our Resources—Family Life**; and **Childhood Obesity**. Thank you to all who contributed data and to Kimberly Williams for compiling the reports. As you track your programming efforts include not only the numbers—but also tell the "real people stories" about how our programs make a difference in the communities we serve. You can view a copy of the reports at <http://www.neafcs.org/impact-statements> .

A campaign for Family & Consumer Sciences branding initiative is underway. You can help by liking NEAFCS on Facebook, adding logos to your email signature, joining Twitter to share messages. Some discussion was entertained at the NEAFCS conference concerning a u-tube video about FCS to promote public awareness.

We will let you know how that develops and how Oklahoma can be involved. I would like to thank Diana Romano for attending the Public Affairs sessions in my absence at the conference this fall. I would also like to thank Lisa Taylor, Public Affairs committee member, for compiling the eEnterprise. She does a beautiful job!

www.learningandlivingwell.org



Faithful Extension Workers



Submitted by Ida Fay Winters,
President

F.E.W. (Faithful Extension Workers) headed to the Davis and Sulphur area on October 7 for a day for a day of fun, learning, and renewing friendships. The day began with brunch in the **home of Debbie and Ron Sharp**, close to Davis. Then they headed to the **Chickasaw Cultural Center** at Sulphur for a morning of experiencing the rich history of the Chickasaw Nation in a multi-million dollar facility that featured an Imax theater, native dancers, a summer and winter village, displays, 3-screen show about the Chickasaw Indians move to Oklahoma, and exhibits. Even Debbie Sharp and Carlene Jordan got in on part of the native dancers' routine. Lunch was enjoyed in the **Aaimpa' Café** there. The menu ranged from burgers and fries to Indian tacos and from grape dumplings to traditional pishofa.

After lunch they went to a tour of the **Artesian Hotel** in Sulphur. It is a replica of the original hotel that was built at the turn of the century. It was known in the early 1900's as the summer capital of the Governors of Oklahoma and their families. The new hotel features a spa, shopping, elegant rooms and a casino.

After the tour, the hotel provided a cold drink in the restaurant while the **F.E.W. meeting** was called to order by President Ida Fay Winters (pictured at right). Minutes from the April 26th meeting, written by Secretary Marilyn Berousek, were approved. Treasurer Carlene Jordan gave a financial report and reminded everyone of paying the \$3 annual dues. A contribution of \$25 in memory of Edwina Douglas Kelly would be made to the OSU-FCS Ambassadors Foundation. A list of potential and FEW members was distributed. There are 38 paid through 2013, out of the 72 retired persons located. OEAFCs President Susan Routh announced that April 24-25 are the dates for the annual meeting at Embassy Suites Hotel in Oklahoma City and encouraged attendance. The group talked about ways to encourage F.E.W. members to attend any portion, but discussed the possibility of having the F.E.W. meeting after the Friday luncheon, rather than a breakfast or mid-morning meeting. Mrs. Routh also mentioned the efforts to celebrate the 100th anniversary for Oklahoma 4-H. Discussion was held about the OSU College of Human Sciences' new program for study with Extension Educators and FCS Educators in schools. It was mentioned to invite Dr. Paula Tripp to make a presentation about the program at the spring meeting or sometime. In the evening, the group enjoyed dinner in the hotel at **The Springs**, the 5-Star dining room. Most of the participants stayed overnight at the Artesian Hotel.



On Tuesday morning, some spent time visiting, shopping, or touring the **Chickasaw National Recreation Area**, America's 7th oldest National Park to experience the autumn leaves, the rippling waters and the beauty of nature in the beautiful setting, even though most of it was closed due to the government shutdown.

F.E.W. members and guests attending the Road Trip for 2013 included Lynne Beam, Marilyn Berousek, Donna Cadwalader, June and Tom Cash, James Crowder, Mary Jean Easterling, Lucy Clinton, Janet Gibson, Cindy Griffith, Carlene and James Jordan, Pat McCauley, Janie and Daryl Morrow, Susan Routh, Mary Sue and Carl Sanders, Debbie and Ron Sharp, and Ida Fay and Gary Winters.

Member Resources



Submitted by Kristy Spalding,
Vice President for
Member Resources

Silent Auction to be held at OCES Conference

A silent auction will be held at the OCES Conference in January to help support OEAFCs' part of the FCS 4-H Advanced Scholarship. We are asking each district to donate 2 to 3 large baskets. Our intentions are for several people to get together to create a basket with many items. Food, 4-H and OSU baskets always go over well with Extension Employees at conferences. If you are interested in donating a basket, please contact your OEAFCs District Director.

Pictures from the Galaxy Conference



At left is Ginny McCarthick, Johnston County, shown at left receiving 2nd as the Southern Region Winner in Family Health and Wellness and 3rd in the NAEFCS Family Health and Wellness Category.



Above, Canadian County's Donna Jung is shown accepting the 2013 Oklahoma Distinguished Service Award.

Below, Tulsa County's Charlotte Richert is shown accepting the Oklahoma Continued Excellence Award. Not pictured but also honored with the award was Blaine County's Joy Rhodes.



Oklahoma County's Diana Romano and colleagues are shown at right accepting 3rd place National Winner- 3rd Place Southern Region Winner - Newsletters Category.



Words to Inspire



Submitted by Radonna Sawatzky,
OEAFCs Chaplain

The will to win, the desire to succeed, the urge to reach your full potential . . . These are the keys that will unlock the door to personal excellence. ~Confucius



Oklahoma Stars Sparkled at Galaxy IV

The Oklahoma Stars shone brightly during the Galaxy IV NEAFCS Awards Ceremonies. Many Oklahoma FCS Educators received Regional and National awards for programs, publications, or service. The winners were:

2013 National - DSA and CE - Winners

Oklahoma Distinguished Service Award & Oklahoma Continued Excellence Award

Donna Jung, Canadian Co

Joy Rhodes, Blaine Co

Charlotte Richert, Tulsa Co

Family Health and Wellness

3rd place National Winner–2nd place So. Region Winner–**Ginny McCarthick**, Johnston Co

Human Development/Family Relationships

1st place National Winner – 1st place Southern Region Winner—**Jean Bailey and Team**
Team Members: **Jean Bailey**, Dewey Co; **Karen Armbruster**, Woods Co.; **Marcy Wichert**, Alfalfa Co, **Dana Baldwin**, Major Co; and **Robyn Rapp**, Grant County.

Communications

1st place National Winner – 1st Southern Region Winner – *Newsletters* – **Melody Ennis**, Okmulgee Co

3rd place National Winner– 3rd Place Southern Region Winner –*Newsletters*- **Diana Romano and Team**, Oklahoma Co

2nd place Southern Region Winner – *Radio/Podcast* – **Gale Mills**, Washington Co

Poster Sessions

Susan Moffat presented a poster entitled “Connecting Public Issues to Public Policy” which is a multi-state four-part curriculum with North Dakota, Montana, Nebraska and Oklahoma. **Marcy Wichert** presented a poster entitled “Baby Think It Over” which concentrated on the team’s project which received Southern Region and National awards.

Susan Routh was elected and installed as ***Southern Region President***. In this office, Susan serves as a liaison between Southern Region state affiliates and the National Executive Board.

Several members represented Oklahoma during the Southern Region meeting. Voting delegates were **Susan Routh**, **Sonya McDaniel** and **Liz Gardner-McBee**. **Melody Ennis** served as Parliamentarian and **Brenda Hill** served on the Credentials committee. **Penny King** volunteered to review the minutes. **Donna Jung** volunteered for Awards Committee, **Brenda Miller** and **Lani Vasconcellos** volunteered for the GALAXY IV Education Program Committee, and **LaDonna Dunlop** was a Silent Auction volunteer. **Brenda Miller** was elected to serve on the 2014 National Nomination Committee; she is serving on the NEAFCS Awards Ceremony Committee and was appointed as Apprentice for that committee.

News from NE District



Submitted by Jessica Riggin,
NE District Director

Plans are well underway for the Ne/SE District FCS Fall In-Service. The meeting will be held November 19-20 at the Woodland Hills Hampton Inn in Tulsa. We have a fun opening workshop and activity to be led by Suzette Barta. During this first day, we will be learning a new teaching technology called Window Pane, and doing a show and tell of our favorite Pinterest projects for extension programming.

We are planning to have guest speakers Sara Weeks to speak on food labels and what they mean (organic vs. non-organic and the like) and Steve Cassady from the TeleHealth and Mobile Telemedicine Clinic speak to us about how Telemedicine is impacting the quality of rural healthcare. Lastly, we will be touring the Windsor Market in Tulsa.

News from SE District



Submitted by Sue Hamilton,
SE District Director

Those attending GALAXY IV from the Southeast District were: Cindy Clampet, Ginny McCarthick, Sonya McDaniel and Lani Vasconcellos.

Congratulations to Ginny McCarthick placing 2nd as the Southern Region Winner in Family Health and Wellness and 3rd in the NEAFCS Family Health and Wellness.

Congratulations to Sonya McDaniel as the incoming OEAFCS State President. Her term begins in April.

Congratulations to Tracey Watts for receiving a CE FCS Ambassador County grant for her Junior Master Gardeners project.

Congratulations to Janna Kelley for being elected CE FCS Ambassador President Elect!

Congratulations to Rachel Lockwood for serving on the CE FCS Ambassador nominating committee!

Congratulations to Tommie James as the CE FCS Ambassador Nominating Committee Chair

Congratulations to Lani Vasconcellos as a CE FCS Ambassador Director

We want to welcome back Barbara Elkins among us as the Atoka County FCS/4-H Educator. She has been out of extension for a few years but has decided to bless us again with her presence. We also want to extend a welcome to Kelsey Ratcliff as the Coal County FCS/4-H Educator. Kelsey and her husband, Shiloh, live in Coalgate. Kelsey worked with DHS prior to this position. We are glad to have these two ladies in our district.

Two of our educators will be leaving us in the near future. Cindy Clampet, Love County FCS/4-H Educator will be retiring in January. Sue Hamilton, Pontotoc Unit CNEP Area Coordinator, will be retiring in January as well. We wish both of these Extension Educators the best of times as they are able to enjoy the next chapter in their lives.

District News

News from NW District



Submitted by Lynda Latta,
NW District Director

The Northwest District Winter In-Service will be held Nov. 21st and 22nd in Enid with guest presenter Laura Gamino, RN, MPH, MCHES, of the OU Medical Center, Trauma Services, Injury Prevention Coordinator. Educators will be participating in Instructor training for Tai Chi: Moving for Better Balance. While at the conference, Educators will create and donate hands-on learning tools for under privilege youth in Garfield County.

Attending the Galaxy National Meeting from the Northwest District were Liz McBee from Beaver County and Joy Rhodes from Blaine County. Joy received the Continued Excellence award at the Galaxy Meeting. Extension Educators from NW District were invited to attend batting practice of the Pittsburg Pirates with Dewey County native, Jordy Mercer while in Pittsburg. Joy Rhodes is currently serving as President of the Oklahoma Homebuyers Education Association. The annual meeting will be held November 14 in Edmond.

The Northwest District said goodbye to a great co-worker and individual as Recia Garcia retired as the Northwest District Program Specialist. Her leadership and expertise will be greatly missed, but mostly her dedication to the overall Extension program. Recia is looking forward to working on her farm with her husband and spending time with family. There will never be a dull moment for Recia as she fills each day with making the world a better place for all to live in.

News from SW District



Submitted by Diana Romano,
SW District Director

Lynn Null and Cathy Allen attended and received an award at the Overcoming Obstacles Achievement Awards banquet in NYC on October 24th. OSU President Burns Hargis said. "We owe special thanks to 4-H employees Lynn Null and Cathy Allen, who worked hard to bring the Overcoming Obstacles program to Oklahoma youth. OSU is proud of its heritage as a land-grant university and this is another way we serve the people of our state." T. Boone Pickens received the Lifetime Achievement Award and OSU received the Achievement in Education award.

Tara Brown in Jefferson County started October 15th as the FCS Educator.

Lisa A Taylor, Amanda and LaDonna from Oklahoma County received a \$10,000 "Fitness to You" FCS Ambassadors grant. This is a hands-on interactive traveling exhibit using Wii's and iPads. Counties will be able to check this out and use it in different settings.

Amanda Horn received the New Professional Award and the Past President Award. She used the awards to attend Galaxy.

Diana Romano won 3rd place regional and 3rd place national awards with the Enlace Latino newsletter she writes in Spanish with FCS Educators from Arizona, Kansas and Georgia.

We have 4 FCS positions vacant, in Beckham, Harmon, Jackson and Roger Mills counties

Our Holiday SW FCS In-service will be held at Clinton on December 6th. The agenda includes "Social Media" training and a tour of downtown.



It's Membership Renewal Time

It's time once again to renew your membership in NEAFCS. The membership year coincides with the calendar year. Your dues should be sent to your OEAFCs District Director.

Below are the steps you need to take to renew your dues.

1. Log in with your member username and password. If you do not know your username and password contact jody@neafcs.org
2. Under the "Member Resources" tab, click "Dues Renewal."
3. Update your profile information in the online renewal form.
4. Print the Confirmation Page that comes up after you click submit.
5. Send the printed page to your OEAFCs District Director, along with your check for your 2014 dues.

Renewing Member Dues \$125.00(\$100 for national dues, \$25 for state dues) + district dues. *As of 11/14, NE District dues are \$125 and NW, SE, SW dues are \$130 for renewing members.*

Dual Member Dues (for those who are also OAE4-HA members) \$112.50(\$100 for national dues, \$12.50 for state dues) + district dues.

New Members

1. Complete the new member form which is available from your OEAFCs District Director and submit with your dues.

New Member Dues \$115.00 (\$100 for national dues, \$15 for first time state dues) + district dues.

New Dual Member Dues (for those who are also OAE4-HA members) \$107.50 (\$100 for national dues, \$7.50 for first time state dues) + district dues.

Please contact your district director for further information and new member forms.

More NEAFCS Galaxy Conference



OK delegates enjoying Pittsburg weather at the beginning of their Galaxy experience.



Marcy Wichert from Alfalfa County, is shown above right accepting Human Development/Family Relationships 1st place National Winner and 1st place Southern Region Winner—honors for behalf of her team including Dewey County's Jean Bailey, Woods County's Karen Armbruster, Major County's Dana Baldwin & Grant County's Robyn Rapp.



Shown above is Melody Ennis of Okmulgee County receiving 1st place National 1st Southern Regional Winner in the Newsletters Category.



Oklahoma voting delegates ready for the NAEFCS Business Meeting are pictured above left to right, OAEFCS President Susan Routh, President-Elect Sonya McDaniel and Vice President for Awards and Recognition Liz Gardner-McBee.



Evening conference entertainment was enjoyed by all at a Pirates Baseball Game.



Living Well . . . more than a Cookbook

Members of the National Extension Association of Family and Consumer Sciences (NEAFCS) have developed and illustrated a book containing delicious, time-tested recipes from across the nation. Also included is a "Recipes for Living" chapter containing research-based information to include real life practical advice on family finances, home safety, care of textiles, going "green" and manners that matter. Cost of the cookbook is \$20.00 plus shipping and handling.

There are only a few still available for purchase. Please contact Lynda Latta, NW District Director or Jessica Riggin, NE District Director.

Raising Kids, Eating Right, Spending Smart, Living Well

NEAFCS-National Extension Association of Family & Consumer Sciences is the Proud Sponsor of the Living Well Public Service Campaign www.learningandlivingwell.org

