

# OEAFCs

## e-Enterprise

### Message from OEAFCs President

OEAFCs Members,

I hope this email finds you doing well. NEAFCS has a lot of exciting things going on.

1. The **Annual Call for Proposals** for the 2021 Annual Session is now open. The **deadline is January 31, 2021**. I would like to encourage you to submit a proposal this year. You are doing great things in Oklahoma! Not only is it a great opportunity to share the great things you're doing, but it's also is a great way to expand your network and make connections that can help you make a bigger impact with your program efforts. You can find the portal here: <https://neafcs.memberclicks.net/2021-annual-session-call-for-proposals>
2. NEAFCS has a new **Endowment Project Proposal opportunity**. Proposals must focus on innovative ideas that benefit NEAFCS and its members and/or promote the profession of Family and Consumer Sciences in one or more of the designated areas of - Leadership/Professional Development, Awards & Recognition, Public Issues or Diversity. **Proposals are due by January 31, 2021** and can be submitted by one or more members, a committee or affiliate. You can find more information here: [https://neafcs.memberclicks.net/index.php?option=com\\_mcform&view=ngforms&id=2069335](https://neafcs.memberclicks.net/index.php?option=com_mcform&view=ngforms&id=2069335)
3. The NEAFCS Secretary, Kate Shumaker, needs a **Southern Region representative for the Credentials Committee** and Barb Wollan, NEAFCS Treasurer, needs a **representative for the Finance Committee**. If you are interested, please let me know and I will forward your information to the NEAFCS President.
4. Registration is now open for **JCEP's** (Joint Council of Extension Professionals) **Leadership Conference**. This conference will be held February 10-12, 2021 virtually this year. Go to <https://www.jcep.org/> for more information and to register.
5. Check out the member opportunities page on the NEAFCS website at: <https://neafcs.memberclicks.net/home>. It has a link to the 2021 Awards Submission Portal among other things. Now is a great time to be thinking about what awards applications you can be filling out!



**Kristy Spalding**  
FCS/4-H /CED  
Beckham  
& Washita Counties

Merry Christmas and Happy New Year!!

## A Message from Dr. Peek



**Dr. Gina Peek**  
Interim Associate Dean,  
Extension & Engagement  
OSU College of Education  
and Human Sciences  
Oklahoma Cooperative  
Extension Service

Dear OEAFCS members,

Greetings from the FCS Extension State office! Let me repeat: During the COVID pandemic, Cooperative Extension, and FCS educators have needed to rethink and retool efforts. I am proud of the work that we are able to accomplish during COVID. Thank you for your commitment to making an impact in Oklahoma. That being said, we need to take care of ourselves.

I oftentimes look to the Chronicle of Higher Education for timely information. I recently came across the article, “The Quick Tip: How to Have a Restorative Winter Break During a Pandemic.” Here are some highlights that we can implement. I hope that you find these quick tips useful.

- Embrace the break. Take a break to help rest and recharge. We can use the time to restore the best versions of ourselves.
- Plan a digital detox. Protect your downtime from time and energy drains.
- Start planning your break now! Use this time to plan for some fun activities that you’d like to do. Make a list of the activities that bring you find joy, and pencil them into your agenda.

Source: Magner, D. K. (2020) The Quick Tip: How to Have a Restorative Winter Break During a Pandemic. Retrieved from <https://www-chronicle-com.argo.library.okstate.edu/newsletter/quick-tip/2020-12-15>

Please reach out and let me know what you need. I am available!

Take care + Happy Holidays,  
Gina

## Past President Report



**Kathy Enyart**  
Past President

### Involvement is the Key

It has been an honor serving the last five years for the association. I have had a few challenges along the way, but the opportunities have been priceless. I wouldn’t trade this experience for anything. I want to challenge each of you to get involved in our association and consider serving as one of the State Officer Team members. As I asked some of you if you would consider running for an officer position a common response was, “I’m not qualified.” Yes, some of the positions do have specific qualifications such as the number of years you have been a member, but otherwise I believe you are all qualified. There are many resources available to help you do a good job, including past officers. I reached out to many of them for advice along the way. And best of all, you are among friends who will support you, laugh with you, learn with you, and best of all forgive you when you do make a mistake.



**Kathy Enyart**  
FCS/4-H/CED  
Ottawa County

A quote that was shared with me when I was in high school was “Tell me, I forget. Show me, I remember. Involve me, I understand.” I used this quote many times in my state officer speeches as a teen. It was my philosophy when I was a classroom teacher and I continue to be motivated by it in my role as an extension educator. I truly believe that involvement is the key understanding and learning.

When Rachel and her nominating committee sends out information in the spring about running for office, please make their job easier by nominating yourself for one of the open positions. This involvement will bring you a greater understanding of both our State and National Associations as well as Cooperative Extension in Oklahoma and across the Nation.

Thank you for giving me the opportunity to be involved.

Kathy Enyart

## Awards and Recognition



**Heather Winn**  
Vice President of Awards and Recognition



**Heather Winn**  
FCS/4-H  
Cherokee County

The awards information is available on the National site. We would like to have more applications from Oklahoma this year so take a look at the site and see what all you can apply for. Remember you have to pay your membership by December 31st to be eligible to apply for awards. The 2021 member awards have been updated on the NEAFCS website! Check it out- Start working on those awesome applications. I know our Oklahoma educators have some great program work that you should be recognized for!

Oklahoma submission deadline is February 1, so that we can get our applications judged and uploaded by the National deadline!

Good luck to everyone!!

## Member Resources



**Lynda Latta**  
Vice President of Member Resources

### Member Resources

Once again time to encourage membership and begin working on collecting dues. I would like to recognize new OEAFCS members from 2020:

Dana Bolt

Erin Parriott

Tammy Perry

Certificates and NEAFCS pins will be sent to each of them.

Lynda Latta  
Vice-President for Member Services



**Lynda Latta**  
FCS/4-H/CED  
Ellis County

## Public Affairs



**Jan Dawson**  
Vice President of Public Affairs



**Jan Dawson**  
CNEP Area Coordinator  
Tulsa Unit

Take a few minutes to look at the Public Affairs section on the NEAFCS website. They offer information on writing powerful impact statements. These are a great way to show our stakeholders the great work we have been doing.

Also Kristy shared information about PILD, so if you are interested in attending find her email.

Jan Dawson  
Vice President for Public Affairs

## Treasurer's Message



**Jean Bailey**  
Treasurer



**Jean Bailey**  
FCS/4-H Youth development  
Dewey and Harper Counties

Treasurer  
Jean Bailey, FCS/4-H, Dewey and Harper Counties

### Membership Renewal Time

It is time to renew your OEAFC/NEAFC/ Membership. It is important for you to pay your membership dues to your district director by their deadline so that you will be eligible for NEAFC Awards.

Below are the steps you need to take to renew your dues. (FYI - Oklahoma is in the Southern Region.)

- Log into the NEAFC website with your member username and password.
- Under the "Member Resources" tab, click "Dues Renewal."
- Update your profile information in the online renewal form (this step is very important, as keeping your profile up to date is your responsibility).
- Print the Confirmation Page that comes up after you click submit.
- Send the printed page to your OEAFC District Director, along with your check for your 2021 dues.

#### Renewal Membership fees:

Renewal Active Member: \$100.00 (National Dues) + \$25.00 (State Dues) + District Dues  
Renewal Active Dual Member (also member of OEA4-HA): \$100.00 (Nat'l) + \$12.50 (State) + District Dues

Student OEAFC/NEAFC Member: \$50 + \$25 = \$75

Student OEAFC Member only - \$25

Life Member: \$300 (a one-time fee)

New Members need to complete the New Membership Form which is available from your OEAFC District Director and submit with your dues.

#### New Membership fees:

New Member: \$100 (Nat'l) + \$15.00 (State) + District Dues

New Dual Member (also member of OEA4-HA): \$100.00 (Nat'l) + \$7.50 (State) + District Dues

Please contact your district director for further information and new member forms.

## Professional Development



**Michelle Bonicelli**  
Vice President for  
Professional Development



**Michelle Bonicelli**  
FCS  
Tulsa County

Sometimes in the waves of change we find

our true direction! ~ Author Unknown.



2021 OEAFCS Conference: Due to the safety and health of the members and adhering to the guidelines from Oklahoma State University, the Professional Development Committee and the OEAFCS Board support the decision to hold the annual conference virtually again in 2021.



**The dates for next year are  
April 15th and 16th 2021.**

A special Thank-You goes to Tammy Perry, Professional Development Committee Member, for her help with the virtual meeting this year!!

Michelle Bonicelli

OEAFCS Vice President, Professional Development



“NEAFCS shows respect and understanding toward all people and honors diversity.”

## OEAFCs OFFICERS

President—Kristy Spalding  
Vice President for Public Affairs—Arleen James  
Vice President for Professional Development –Michelle Bonicelli  
Vice President for Member Resources — Jessica Riggin  
Vice-President for Awards & Recognition — Heather Winn  
Secretary — Dana Baldwin  
Secretary elect — LaDonna Hines  
Treasurer — Jean Bailey  
Northeast District Director — Jan Dawson  
Southeast District Director — Danielle Wells  
West District Director — Cheryl Lively  
Past President & Parliamentarian — Rachel Lockwood  
Historian — Linda Lowber  
Advisor — Dr. Gina Peek

Merry Christmas and Happy New Year to you and your families from OEAFCs!

