

OEAFCs

e-Enterprise

Message from OEAFCs President

Dear OEAFCs members,

What an honor it is to be a part of such a great team! A team that appreciates each other’s talents and contributions while still supporting each other through challenging times. Yes, in OEAFCs and throughout Extension we are a part of the greatest team- OSU Extension! So keep holding your head high and keep our goal in mind, “to improve the lives of Oklahomans”!

FCS Educators your passion and commitment to improve the lives of Oklahomans continues to astound and inspire others to overcome obstacles. It is very obvious that you all are making great impacts. For it is with great pride that I share the news of Oklahoma FCS accomplishments! Kimberly Williams, our Program Evaluation Specialist, was able to provide twenty-three impact statements to NEAFCS for 2019. This is four more than were submitted for 2018. This is remarkable of how our team has stayed focused and true to the OEAFCs mission! Well done team for we continue to be FCS Strong!

Looking ahead, Michelle Bonicelli and her committee have a great State Meeting planned and I am looking forward to seeing everyone there! I hope you will plan to join in the learning fun and to celebrate more of our accomplishments. Again, it is my pleasure and honor to serve you as President & I hope you all know how much I appreciate your commitment, teamwork and of course friendship.

Take care and see you all soon!

Sincerely,
Rachel Lockwood
OEAFCs President



Rachel Lockwood
FCS/4-H
Pittsburg County

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"The Oklahoma & National Extension Associations of Family and Consumer Sciences educate its professionals to empower individuals & families to make informed decisions."

A Message from Dr. Atiles



Dr. Jorge H. Atiles
Associate Dean,
Extension & Engagement
OSU College of Human Sciences
Oklahoma Cooperative Extension Service
College of Human Sciences

Dear OEAFCs Members:

The year 2020 is bringing some exciting opportunities for our program area and OSU Extension at large. We just released the brand new website for OSU Extension and if you pay close attention there is an abundance of FCS programs featured as well as fact sheets and other resources for our public. Please continue to populate the Trumba calendar with your programs so they too can be very present for the public through this website. Another great set of news is that thanks to your diligence in collecting evaluation tools, Kimberly Williams has been able to put together a record number of impact statements which were successfully submitted to NEAFCS for their consideration. We are making a difference and I thank you for it. Additionally, DASNR has been very supportive of our initiatives and has fully funded the first ever positions for FCS Area Specialists in Health Disparities. These two positions will be addressing programming in southern Oklahoma. Stay tune. Likewise our state specialists have been very successful in securing grant funding which will leverage county resources to ensure that FCS continues to have a presence. These grants are addressing obesity, chronic disease prevention and opioid abuse. Finally, the Regents have approved the creation of the new college and the name of College of Education and Human Sciences. We look forward to new collaborations and opportunities as we formalized this union in July 2020. In the meantime, please continue to work on your programs and helping Oklahomans live well. Thank you!

Dr. Jorge H. Atiles
Associate Dean, Extension & Engagement

President Elect Report



Kristy Spalding
President Elect

As your President-Elect, I am excited for the opportunity to be the OEAFCs representative at JCEP in February and PILD in April. JCEP's theme is "2020 Vision for the Future" and PILD's theme is "Moving Knowledge into Solutions". These are very timely themes and I hope to gain a great deal of knowledge and ideas that I can bring back to the membership and implement with our association.

Oklahoma Cooperative Extension has been going through many changes this past year with more in the foreseen future. As Hellen Keller's famous quote, "Alone we can do so little, together we can do so much." Let's rally together as OEAFCs Members and FCS Professionals to continue presenting great programs that impact and improve lives of Oklahomans.



Kristy Spalding
FCS/4-H /CED
Beckham
& Washita Counties

Kristy Spalding

Awards and Recognition



Heather Winn
Vice President of Awards and Recognition



Heather Winn
FCS/4-H
Cherokee County

There was a total of fourteen applications submitted for judging. The judging committee met and reviewed the applications that were submitted to OEAFCs.

We are looking forward to recognizing all of the accomplishments completed by the award winners at the luncheon.

Member Resources



Lynda Latta
Vice President of Member Resources

Member Resources



Membership in OEAFCs/NEAFCS opens doors to networking, to grow as an educator and to help you succeed! I encourage you to sign up for opportunities at the national level when offered. Be watching for post shared by the national office.

Hope everyone is planning to attend the state meeting in April including the Life Members.

Now is the time to be watching for details on the National Annual meeting planned for:

2020 Annual Session
Snowbird Resort ~ Snowbird, UT September 14-17, 2020

Lynda Latta
Vice-President for Member Services



Lynda Latta
FCS/4-H/CED
Ellis County

Public Affairs



Jan Dawson
Vice President of Public Affairs



Jan Dawson
CNEP Area Coordinator
Tulsa Unit

Special thanks to Kimberly Williams for entering 23 impact statements for Oklahoma into the NEAFCS online system; four more than were submitted in 2019.

New programs reported this year:
CNEP Kids in the Kitchen (Childhood Obesity)
Tulsa County Opioid Awareness and Prevention (Community Health and Wellness)
Food Safety for Seniors (Food Safety)
Poverty Simulation (Protecting Our Resources & Family Life)

EFNEP and SNAP-Ed impact statements were entered in relevant program names in case the committee decides to separate federal programs out again into a separate impact statement.

Jan Dawson
Vice President for Public Affairs

Treasurer's Message



Donna Jung
Treasurer



**Donna Jung, MS,
RD/LD
FCS/4-H
Canadian County**

Oklahoma has 61 OEAFCS/NEAFCS Members

47 regular members
11 dual members
3 new members

Past President's Message



Kathy Enyart
Past President



**We
NEED YOU!!!**



Kathy Enyart
FCS/4-H/CED
Ottawa County

Nominations Needed! We are seeking nominations for the OEAFCS Offices of:
Vice President for Public Affairs
Vice President for Member Resources
Secretary Elect
Northeast District Representative
Southeast District Representative

To qualify for one of these offices you must be a current paid member, attend the 2020 Annual Session in April and a member in good standing for 3 years. This means MANY people are qualified!! You can self-nominate or nominate a co-worker.

Visit our website, oeafcs.okstate.edu, for additional information on duties, terms, qualifications and calendars related to each office.

Please **TURN IN YOUR NOMINATIONS TODAY!** Self-nominations are very acceptable.
OR send your nominations to your OEAFCS District Representative, or to Kathy Enyart, Nomination Chair by February 14th.

Kelsey Ratcliff, SE District Representative
Dea Rash, NE District Representative
Cheryl Lively, W District Representative

Please make yourself available to serve OEAFCS!

Professional Development



Michelle Bonicelli
Vice President for
Professional Development

Dear OEAFCs Members, FEW Members and Guests,

Sometimes in the waves of change we find our true direction!
~ Author Unknown.

The 2020 OEAFCs Annual Conference will be held on April 8th and 9th. The theme this year is **“Charting the Course: Waves of Change, Oceans of Opportunities.”**

The agenda for the conference is full and will provide opportunities to network with coworkers and friends. The officer team challenges everyone to find out what OEAFCs has to offer.

The conference will be held at the Embassy Suites Hotel, 1815 S. Meridian in Oklahoma City. The cost per room is \$121.00 a night, with up to 4 people per room. Room reservation will need to be made by March 20, 2020. Reference that you are with OEAFCs; the hotel number is 405-682-6000. You can also book online by using the group code OEA @ www.oklahomacity.embassysuites.com. The staff is looking forward to hosting our conference again. Please note that the FCS In-Service will begin on April 7th at the Embassy Suites Hotel.

On Wednesday, April 8th we will begin at 8:00 a.m. with the OEAFCs Business meeting. After lunch, members will participate in leadership and team building opportunities. Due to the activities that are planned, please wear comfortable clothes on Wednesday. Our day will end at the Oklahoma City Boathouse. We will participate in an “on-the-water” team building experience.

Thursday, April 9th will be the annual OCES dialogue with administration. We will conclude the conference with the awards luncheon at 11:30 a.m.

Please note the **registration postmark date is March 24th**. Upon arrival at the hotel, you will have the opportunity to get your registration packet (receipt, program, etc.) Tuesday evening from 5:00 to 5:30 pm or Wednesday morning beginning at 7:45 am.

For the slideshow, please send pictures of yourself and/or your co-workers in action to Lindy Hoel at lindy.hoel@okstate.edu. Pictures are also due March 24th. I look forward to seeing everyone at the conference. Please contact me with questions at 918-746-3721.

Michelle Bonicelli
FCS Educator, Tulsa County
VP- Professional Development

“We have another chance to navigate, perhaps in a slightly different way than we did yesterday. We cannot go back. But we can learn.” — Jeffrey R. Anderson, *The Nature of Things - Navigating Everyday Life with Grace*

“NEAFCS shows respect and understanding toward all people and honors diversity.”





OEAFCS Annual Conference Registration
April 7-9, 2020
Embassy Suites, Oklahoma City, OK
Charting the Course: Waves of Change, Oceans of Opportunities
Registration Postmark Deadline: March 24, 2020 (\$10.00 late charge)



| | | |
|----------|---------|--|
| Name: | County: | |
| Title: | | |
| Address: | | |
| Phone: | Email: | |

| | | | |
|---|---|----------|----|
| Registration- easy as 1.2.3. | 1. Record the amount you are paying in the right column. 2. Enclose a check with your amount, made payable to: “Greer County OSU Extension” with OEAFCS in the memo line 3. Mail to: Cheryl Lively , Greer County OSU Extension 108 S Pennsylvania Mangum, Oklahoma 73554 | | |
| OEAFCS Members | (choose one) | | |
| | Full-time conference registration | \$100.00 | \$ |
| | Wednesday only (includes lunch) | \$60.00 | \$ |
| | *Will attend Wed. afternoon Boat-house activity (please indicate) | \$20.00 | \$ |
| | *Will not attend Wed. afternoon Boathouse activity (please indicate) | \$00.00 | \$ |
| | Thursday only (includes lunch) | \$60.00 | \$ |
| Guest Registration/Students | (choose one) | | |
| | Guest full-time registration | \$75.00 | \$ |
| | Wednesday morning only/ business meeting and lunch | \$25.00 | \$ |
| | Thursday morning only w/ lunch | \$25.00 | \$ |
| FEW Registration | (Faithful Extension Workers, retired) | | |
| | Full-time conference registration | \$75.00 | \$ |
| | Thursday morning –no lunch | \$00.00 | \$ |
| | Thursday morning with lunch | \$25.00 | \$ |

(Add \$10.00 if postmarked after 03-24-20) **TOTAL** \$ _____

Office Use Only: Date Received ____/____/____ Check # _____ Receipt # _____

Continued....

[#FCS](#) or [#livingwell](#)

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PROVIDE STRENGTH**
FOR FUTURE GENERATIONS



March is Living Well Month!

Manage your finances.



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LIVING WELL MONTH



www.neafcs.org/living-well-month-campaign

Continued....



2020 Annual Session -

#NEAFCS2020

Snowbird Resort ~ Snowbird, Utah
September 14 - September 17, 2020

2020 Annual Session - #NEAFCS2020

Snowbird Resort ~ Snowbird, Utah
September 14 - September 17, 2020

Snowbird Resort is one of Utah's premiere vacation spots year-round. We invite you to join your colleagues to "Experience Life Elevated" at 8,000- 11,000 ft. where you will be granted ample opportunities both on- and off-site to:

- Explore opportunities to inspire a sense of purpose
- Engage with new and experienced colleagues
- Elevate personal and professional commitment
- Embrace prospects to find clarity of purpose (weakest)
- Energize and set a customized course to success (call to action)

In fact, if you listen closely the voice inside you is Whispering, "The mountains are calling and I must go!"

EXPERIENCE
LIFE ELEVATED®

NEAFCS ANNUAL SESSION 2020

SEP 14-17 | SNOWBIRD, UTAH





OEAFCS OFFICERS

President—Rachel Lockwood
Vice President for Public Affairs—Jan Dawson
Vice President for Professional Development –Michelle Bonicelli
Vice President for Member Resources — Lynda Latta
Vice-President for Awards & Recognition — Heather Winn
Secretary — Dana Baldwin
Treasurer — Donna Jung
Northeast District Director — Dea Rash
Southeast District Director — Kelsey Ratcliff
West District Director — Cheryl Lively
Past President & Parliamentarian — Kathy Enyart
Historian — Linda Lowber
Advisor — Dr. Jorge Atilas