Oklahoma Educators Association of Family and Consumer Sciences

eEnterprise

Message from OEAFCS President

Important topics abound—our role as Extension professionals, the purpose of NEAFCS/OEAFCS, leadership quotes—I pondered and reconsidered. Here are my truths: because services you provide and the professional manner in which you go about them is so admirable, the differences you make for individuals, families and communities can be life changing & often, life long, and because there are many strong leaders among us, it is both humbling & an honor, to have been offered this opportunity! Special thanks to: Brenda Sheik for providing the best possible mentoring during my vear as President-Elect, past officers, those who remain on the Board, and others recently joining this group. I thank FEW for sustaining wisdom, caring advice, historical insight, support, encouragement and involvement. DASNR, OCES & CHES Administration have been positive and generous with time and resources—thank you gentlemen! While the Board & I will give this association much attention, it thrives on each member's commitment &



actions. Together, we create the outcome! The more we invest personally & professionally in our association, the greater the returns! Front row, back row, side door or podium, employed, retired—we each have responsibilities & opportunities to claim!

~Recia Garcia

PILD Report Public Issues Leadership Development

When considering grants or scholarships for professional development. remember PILD! While participants are often state association leaders, any Extension professional and also volunteers may attend! As follow-up, via the next newsletter I plan to share thoughts regarding "public value" of the work we & volunteer organizations with whom we engage provide to society—it merits a closer look! Thanks again for this opportunity to learn and serve. ~Recia Garcia

Public Issues Leadership Development Conference was held April 28-29, 2008 in Arlington, VA, with visits to Capitol Hill/Washington D.C. on April 30th!

The conference theme was *"CONNECTIVITY: COMMUNITY TO THE CAPITOL"*

- Tips for connecting at the Capitol-
- · E-mails come in overwhelming numbers & aren't effective
- · Letters are always good
- FAXING is the best long distance way to connect with congressional D.C. offices & as timely as e-mail!
- · In Washington, D.C, expect to meet with young staffers in early to mid-twenties
- · Limit discussion to 1 or 2 key points
- Provide a business or personal card, or have contact information ready to exchange
- Have a concise packet to leave with staff, when appropriate for the issue(s) you convey
 Don't be offended by meeting in a hallway—at times it offers more privacy & attention
- than the office!
- As we asked each staffer, "How can we help?" <u>the consistent reply</u>—"Stay in touch & always let us know when an issue of interest comes up!"
- Best bet—visit district congressional offices in Oklahoma and attend their public meetings in your locale! It's needed, appreciated and one of the many privileges of our democratic society.

WHO COUNTS? We do, when we take time to connect with decision-makers!



Brenda Sheik, 2006-07 OEAFCS President, presenting a gift to our Advisor, Dr. Glenn Muske. "Thanks Glenn, for all you do for us!"

"My favorite thing about extension was the people." Edwina Kelly



Spotlight on Our Retirees

breed for Black Baldie

calves, having a mix of

calves, took cows to the

vet, bottle fed calves and

work cattle. I traveled

so much living in Texas

County that I hate to

"go" all the time. My

pick-up is not moved for

Alaska, Tennessee and

Kentucky and our annual

ski trip to Santa Fe has

been reinstated for the

past two years. I have a

vegetable garden and do

result I judge canning at

several county fairs each

fall and have continued

to judge the State Fairs.

I've finished those

projects I started while

working – gradually.

I have

some canning.

and

I've

Hereford

cows.

davs.

Two of our retirees were asked to share with us advice, insights, favorite memories, what they are doing with all their "free" time, or whatever they would like to share. Thanks Kaye and Edwina for sharing!

Angus

pulled

been to

As a

Kaye Tipton

Retirement began on April fool's Day in 2002 and it hasn't been a joke. I have loved every minute of it. When deciding to retire you will know when it is time. All the little things about work irritate vou and those new employees' get by with things and do things you would never have gotten by with. So the time comes for you to move on. My only regret was I didn't use all my leave before I retired and spent more time with my mother who died in November before I retired.

I returned to the farm where I grew up near Chouteau, settled the estate and am now a rancher. I started with 300 pound calves then moved to calving heifers. I now

Edwina Kelly

My favorite thing about extension was the people and if I miss anything it would be the people. I really don't miss anything though. I'm kind of spoiled to just doing my own thing which mostly involves my sewing machine!! Quilts and throws, throws and quilts. I love all the bright colors. I have joined a quilt guild, which I thoroughly enjoy. Take each day as it comes there are no guarantees!



They make good setting down projects. My work schedule is to get everything done outside and around the house in the morning and do what I want to do in the afternoon. Sometimes the heifers change that schedule but that is my plan. I knew I was retired when I took a cup of coffee out on my front porch at 9:00 am one morning, looked down the hill at my cattle grazing, sat down and hearing the birds chirp, took a long sip of coffee.



Upcoming OEAFCS Officer Elections

by Brenda Sheik Nomination Committee Chair

Elections will be held for the following OEAFCS offices during the 2009 Annual Meeting:

> President-Elect Treasurer-Elect Vice-President for Professional Development Vice-President for Awards and Recognition Northwest District Director Southwest District Director

Article V, Section 2 of the OEAFCS Constitution provides the following officer qualifications. (**Emphasis** added.)

Officers shall be elected from the active membership of the association.

The **elected officers** of Vice-President, Secretary, Treasurer, and director must be:

Members of the Association for three consecutive years.

Be in attendance at the Annual State Meeting at the time votes are cast for election.

The **president** shall be **selected from any of the past elected officers** of Vice-President, Secretary, Treasurer, or

Director. The candidate should meet the qualifications of the other officers as above and be an Association member for five years.

The Historian and Chaplain are appointed by the President and therefore do not have the same requirements.

Duties of each officer are posted on the OEAFCS website at fcs.okstate.edu/ oeafcs/

Serving as an OEAFCS officer and on the OEAFCS Board of Directors is an opportunity to grow professionally, become better acquainted with coworkers from across the state and provide service to our organization. The rewards and potential for growth far outweigh the costs of time and energy!

If you meet the above qualifications, and have the desire and ability to serve as an officer, please consider putting your name forward as a candidate. Otherwise, (or in addition!!), nominate those colleagues you believe would do an excellent job in one of the above mentioned positions. **Please channel all suggestions through your OEAFCS District Director.**

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Indianapolis, Indiana Sept. 15-19, 2008 Galaxy III Early bird deadline is June 15th.

NEAFCS will be sponsoring three pre-conference sessions on Monday, September 15th:

- Consumers & Technology
 Aging Successfully Preparing for the Silver Tsunami
- The Childhood Obesity Pandemic

Awards and Recognition

By Susan Moffat Vice President for Awards & Recognition

A special awards luncheon took place during the OEAFCS annual meeting to recognize the achievements of members, in 33 award categories, during the past year. In many categories, Oklahoma award winners proceed to competition at the Southern Region level and some go on to national competition.

New this year is the sponsorship of state plaques for OEAFCS award winners. They were jointly sponsored by the Oklahoma Association of Electric Cooperatives and Oklahoma Living Magazine. With similar focus on serving individuals, family and communities, the award sponsors and Extension educators make for great collaborators. We're fortunate to have this support from OAEC and Oklahoma Living.

Additionally, the FEW organization sponsored the Extension Educator of the Year Award, Recia Garcia Sponsored the New Educator Award, Brenda Sheik sponsored the Para-Professional and Communications/Newsletter awards, and the state Family & Consumer Sciences area of the Oklahoma Cooperative Extension Service sponsored the Research Award.

Seventeen award applications were submitted for Southern Region and National competition; along with 2 Continued Excellence, 2 Distinguished Service and 1 Educator of the Year Awards.



We're on the Web! fcs.okstate.edu/ oeafcs/ Be watching soon for our new web page!

2008-2009 OEAFCS Officers

President—Recia Garcia Vice President for Public Affairs—Kathy Envart Vice President for Professional Development –Radonna Sawatzky Vice President for Member Resources — Cindy Griffith Vice-President for Awards & Recognition — Susan Moffat Secretary — Lori Black Secretary-Elect — Susan Routh Treasurer — Dana Baldwin Northeast District Director — Charlotte Richert Northwest District Director — Jean Bailey Southeast District Director — Cindy Clampet Southwest District Director — Brenda Medlock Past President & Parliamentarian — Brenda Sheik Chaplain — Barbara Denney Historian — Chellee Burson Advisor — Dr. Glenn Muske



Check out the living well website. Lots of good resources! www.learningandlivingwell.org

Member Resources

By Cindy Griffith Vice President for Member Resources

As I made a couple of stops on my way home from work yesterday, I was reminded how quickly \$100 can be spent. My trip to fill up my vehicle and pick up a couple of prescriptions cost me more than \$100.

We all have many places to spend our money today –our homes, our families, helping others, and saving for our future. But the \$100 spent on your OEAFCS Membership is a type of investment that doesn't directly build assets: It is an investment in yourself.

At our Annual Meeting in April we installed seven new members who made the decision, as have those of us who have rejoined annually, to make an investment in themselves. These new members are Trena Medlock, Greer County; Gerri Ballard, Carter County; Sara West, Marshall County; Jennifer Southers, Harmon County; Debra Duncan, Beckham County; Megan Logan, Seminole County; and Misty McFarland, Hughes County.

It is important for us all to remember that the vision and purpose of our organization is to:

- •Build leaders for the future.
- •Recognize and promote excellence and scholarship in FCS programming
- •Provide innovative professional growth and development opportunities
- •Serve as a nation-wide resource for education, information, networking and partnership.

By taking advantage of what the Association has to offer and building relationships with the members, we are all investing in ourselves in ways that increase the probability that we will achieve our professional goals. Mentor and encourage new members and prospective members to help them see the Association as a valuable asset to their professional development.

To get the full value from your membership, invest your skills, ideas, knowledge, personal networks, and ability to make things happen within the Association. Then, as a return on your investment, take advantage of the sharing of others and the recognition you can receive for program excellence.

Hopefully, at the end of the year, when it's time to renew your membership, you will see that the investment you have made in your professional growth and development is worth making again.

